# TEEN POWER AND CONTROL WHEEL

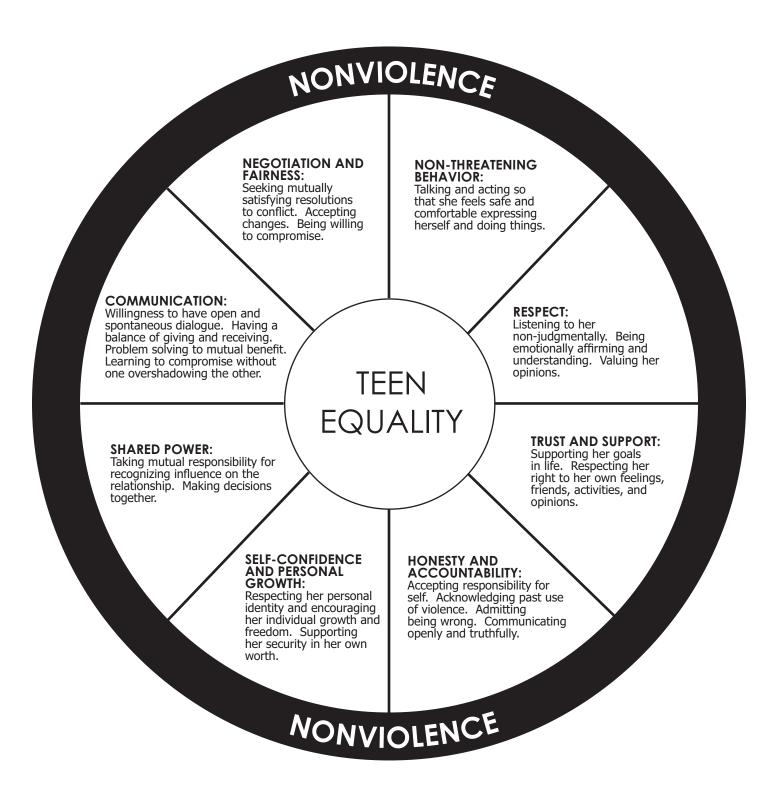
#### VIOLENCE physical se tuol ANGER/EMOTIONAL ABUSE: **PEER PRESSURE:** Putting her/him down. Threatening to expose Making her/him feel bad someone's weakness or about her or himself. Name calling. Making her/him think she/he's spread rumors. Telling malicious lies about an individual to peer group. crazy. Playing mind games. Humiliating one another. Making her/him feel guilty. ISOLATION/EXCLUSION: **USING SOCIAL STATUS:** Controlling what another does, Treating her like a servant. who she/he sees and talks to, Making all the decisions. Acting like the "master of the castle." Being the one to what she/he reads, where she/he goes. Limiting outside involvement. Using jealousy **TEEN** define men's and women's to justify actions **POWER AND INTIMIDATION: SEXUAL COERCION:** CONTROL Making someone afraid Manipulating or making threats to get sex. Getting her pregnant. Threatening to take by using looks, actions, gestures. Smashing things. Destroying property. the children away. Getting Abusing pets. Displaying someone drunk or drugged weapons. to get sex. MINIMIZE/DENY/ THREATS: BLAME: Making and/or carrying out threats to do some-Making light of the abuse thing to hurt another. and not taking concerns about it seriously. Saying Threatening to leave, to commit suicide, to report the abuse didn't happen. Shifting responsibility for abusive behavior. Saying her/him to the police. Physical Making her/him drop charges. Making her/him do illegal things. she/he caused it. VIOLENCE

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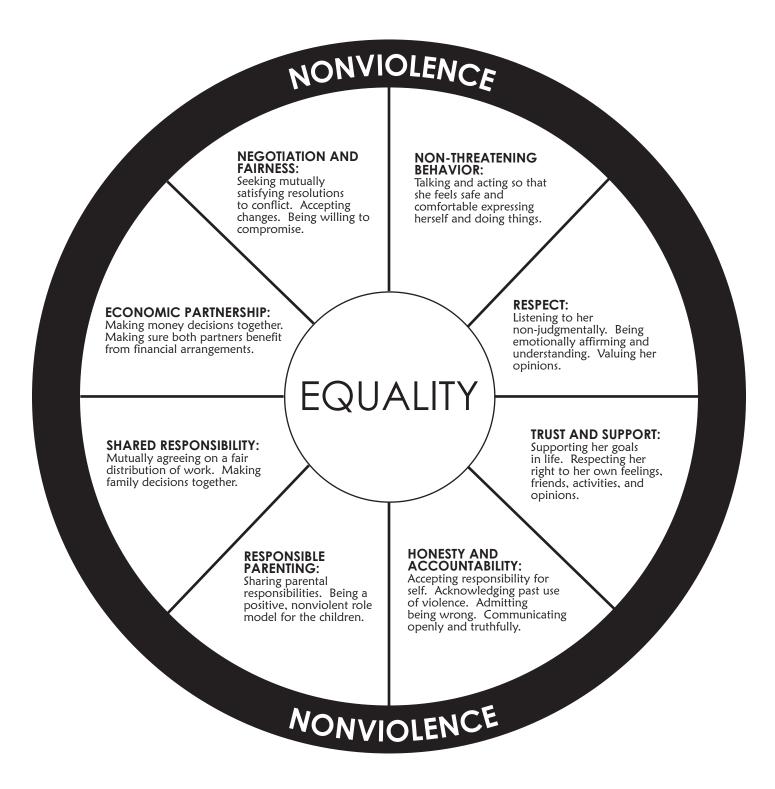
Developed from:
Domestic Abuse Intervention Project
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## EQUALITY WHEEL FOR TEENS



## **EQUALITY WHEEL**





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#### DOMESTIC ABUSE INTERVENTION PROJECT

202 East Superior Street Duluth, Minnesota 55802 218-722-2781 www.duluth-model.org

### 1 Corinthians 13: 4-8

### **New King James Version New International Version** suffers long and is patient, is kind; is kind. does not envy; does not envy, does not parade him/herself, does not boast. is not puffed up; is not proud. does not dishonor others, does not behave rudely, does not seek his/her own, is not self-seeking, is not provoked, is not easily angered, thinks no evil; keeps no record of wrongs. does not rejoice in iniquity, but does not delight in evil but rejoices in the truth; rejoices with the truth. always protects, always trusts, bears all things, believes all things, hopes all things, endures all things. always hopes, always perseveres. never fails. never fails.

Are you the person that the person you're looking for, is looking for? It's not about finding the right person, it's about being the right person.